Because none of us are perfect, all of us will experience failure in our lives. Some failures may feel incidental, but other episodes could have far more sweeping consequences. In those times when our failure impacts our relationships with God or others in unfortunate ways, how can we respond? Psalm 32 offers counsel for the heart struggling with the pain of substantial failure and offers a way back.

**THIS WEEK’S DISCUSSION QUESTIONS**

- Read Psalm 32. Notice how the psalmist celebrates the joy of forgiveness. Why is forgiveness so liberating?

- What did the singer experience in the aftermath of his failure? In your own times of spiritual struggle, what have you experienced that is similar? What have you experienced that is different?

- How does Psalm 32 express the sense of protection that we have in our God? Why/how does that protection prevail even in our seasons of failure?

- In what ways does the singer describe our human bent toward stubbornness and self-justification? Why is this tendency so self-destructive? What is the psalmist’s suggested solution for such resistance to God’s forgiveness and help?

**CHALLENGE**

Consider the wonder of God’s forgiving grace—a grace that, by definition, we could never earn or deserve. Consider spending some time in prayer thanking God for His grace.

**COMMIT TO MEMORY**

“How blessed is he whose transgression is forgiven, whose sin is covered! How blessed is the man to whom the LORD does not impute iniquity, and in whose spirit there is no deceit!” (Psalm 32:1–2 NASB).

**PRAYER**

Father, help me look back only long enough to learn from my mistakes and grow. Thank You for covering me with Your undeserved grace so that I can move forward confidently in You. And guide me forward as I trust in You for my strength. Amen.