We all struggle at times to discern God's desires for various decisions we face! While Scripture doesn’t offer a “1-2-3 formula,” the Old Testament prophet Jeremiah illustrates an approach that offers wisdom for us today.

In Jeremiah 6:16, God offers instructions to wayward Israel—instructions the people flat out reject—with drastic results. What if we reviewed God’s advice and heeded it today in our various circumstances?

**THIS WEEK’S DISCUSSION QUESTIONS**

- The first part of Jeremiah 6 is an oracle of judgment against Israel. The prophets’ role was to serve as “watchman”—to metaphorically stand on their high tower and watch for the first sign of danger and then blow their trumpet to warn the nation. Jeremiah blew and blew but Judah refused to heed the warning. As a result, Jeremiah offers five verbs for the Israelites: stand, look, ask, walk, and find rest. Which action is most difficult for you and why?

- The first action is to stand at the crossroads. What crossroad was Israel facing, and how did Jeremiah's command to “stand” mean good results for them? What crossroad are you facing today, and how can this command help you?

- When you focus on each individual action, what do you discover? These actions were meant to be gathered together in one sentence, but we can tend to isolate them. What do you discover when you tie them together?

- How does knowing that God wants you to find rest as you follow Him shape your response to this sentence?

**CHALLENGE**

Try to notice the physical crossroads you come to in your day. How can this process of stand, look, ask, walk, and find rest become a spiritual practice for you?

**COMMIT TO MEMORY**

“Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls.”

Jeremiah 6:16

**PRAYER**

Dear God, when we face times of decision-making, help us to remember that You always provide a way through. May we trust You in everything. In Jesus’s name, Amen.