Typically when we think of temptation, we imagine our enemy sneaking up to catch us off guard in a moment of weakness. Perhaps the most famous temptation recorded in Scripture is the one where Jesus was actually “led by the Holy Spirit” into the wilderness to face the enemy. And when He did, it came as no surprise, because Jesus had just been baptized and was “full of the Spirit.”

As we take a closer look at this account in Luke 4 and parallel passages, we can learn from Jesus’s example about the entry points of temptation and how to be prepared when we face tempting moments in our own lives.

**THIS WEEK’S DISCUSSION QUESTIONS**

- Read Luke 4:1–13 to get an overall context for the temptation of Jesus. What kinds of temptations do you see in the passage? What are some of the grounds or reasons for sibling rivalry?

- Focus on Luke 4:2–4. How was Jesus tempted physically? How did He respond? What insight does this provide for you in moments of physical temptation?

- Focus on Luke 4:5–8. How did Jesus respond to emotional temptation? What can you apply from His response in your own struggles?

- In the remaining verses, Luke 4:9–13, notice that Jesus was faced with spiritual and then ongoing temptation. How did He resist? What can you learn from Jesus as you face ongoing temptation in this life?

**CHALLENGE**

Consider the three types of temptation—physical, emotional, and spiritual. Which of these are most prevalent in your life? How might resisting in one area strengthen you to resist in the others?

**COMMIT TO MEMORY**

“When you are tempted, he will also provide a way out so that you may endure it” (1 Corinthians 10:13).

**PRAYER**

Dear God, I am human and susceptible to temptation. Give me understanding of where and when I’m tempted, so that I can turn to You and follow Your way out. Thank You for loving me and working things out for good. In Jesus’s name, amen.